

## 30 Happy Days of April

Make a playlist of your favorite songs that make you feel good!	Take a picture of every kind of flower in your yard.	Watch a comedy movie.
Bake something yummy.	Go on a nature scavenger hunt.	Make a card and send it to someone.
Sing in the shower!	Make a video of yourself reading a children's book.	Do a science experiment.
Make an Easter decoration.	Take a walk outside on a new trail.	Pamper yourself!
Make a Pollock-inspired painting.	Be an armchair traveler and go on a beautiful journey.	Watch a feel-good musical.

## 30 Happy Days of April

Dig in the dirt! Plant bulbs or seeds if you have them.	Cook a new dish.	Make a collage.
Learn a new language.	Learn a new card game.	Have a dance party!
Make a treasure map of your yard or home.	Draw a self-portrait. Or something else.	Be still and listen outside for 5 minutes. What do you hear?
Make a target course.	Make a book.	Read an uplifting book.
Watch an old comedy show.	Make ice cream in a bag.	Make a video about something you did this month!

#30HappyDaysofApril

For more ideas about each activity, go to

[germanintheafternoonactivities.com](http://germanintheafternoonactivities.com)

